

**Cambridgeshire Expressive Arts & Counselling Centre C.I.C**  
**Supporting mental health in the community**

*Expressive art therapies are neuro-affirming and develop emotional wellbeing through different dimensions and depths. Many modalities are integrated into therapy including:*

**Art • Dance • Movement • Music • Writing**

- ✓ Children & Young People's Counselling Services
- ✓ Adult, Couple, & Family Counselling Services
- ✓ Expressive Art Therapies

FREE 30 MINUTE CONSULTATION TO DISCUSS WELLBEING NEEDS AND AIMS OF COUNSELLING/ THERAPY

01353 664 845 | [contactus@ceacc.com](mailto:contactus@ceacc.com) | [www.ceacc.com](http://www.ceacc.com)

### CEAACC Discounted and Subsidised Fees 2026:

CEAACC is a Community Interest Company (C.I.C). We endeavour to keep our costs low, so that our services remain as approachable and accessible as possible.

Due to the pandemic, and cost of living crisis, we did not raise our fees between 2017 and 2023. In January 2023, we increased our therapy fees by £5/ session (for both 1:1 and group work).

Individual therapy sessions for children, young, people and adults are now £50/session.

### Starting from 2026:

Couples/ family therapy is £70/ session.

Home/ school visits are £70/ session.

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- CEAACC occasionally has funding and may be able to offer discounted or subsidised fees for counselling and therapy sessions, so please enquire about reduced cost services.
- However, these concessions are dependent on funding and general availability.
- For general questions/ enquiries, please contact us on: [contactus@ceacc.com](mailto:contactus@ceacc.com)
- If you are low-income, and receive Universal Credit/benefits, we may be able to offer a £10 discount per session after receiving proof of benefits/income.
- For individuals and families under exceptional circumstances, we may be able to offer some discounted/ funded sessions (again often dependent on funding available to us).
- When 2 x family members access CEAACC simultaneously:
  - 1st family member accesses CEAACC on a weekly basis
  - 2<sup>nd</sup> family member accesses CEAACC on a minimum of a bi-weekly basis
  - A £10 discount is offered for the 2<sup>nd</sup> family member per 1 x hr/session.
  - This discount is only available where there's been no additional discounts/ funding granted.

- If one family member finishes sessions, the remaining family member will be charged full price for an individual session until the end of therapy.

Please do contact us with any questions or if you'd like further information,

Warm wishes,

- *The CEAACC Team*

**Reviewed by:**

A handwritten signature in black ink, appearing to read "Sue P. Burke". The signature is somewhat stylized and includes a small "P" and "R" at the beginning.

31/12/2025

Director, DSL, MA, MBACP (Accred)  
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